



Delaware Pediatrics, LLP

“making it all better”

Benadryl Dosing

brand name Benadryl

generic name Diphenhydramine

| Child's weight in pounds | Liquid Bendaryl (12.5mg/5ml) | Benadryl chewable tablet (12.5mg) | Benadryl tablet (25mg) |
|--------------------------|------------------------------|-----------------------------------|------------------------|
| 11# to 16# 7oz | 1/2 tsp or 2.5ml | not recommended | not recommended |
| 16# 8oz to 21# 15oz | 3/4 tsp or 3.75ml | not recommended | not recommended |
| 22# to 27# 15oz | 1 tsp or 5ml | 1 tablet | not recommended |
| 28# to 32# 15oz | 1 1/4 tsp or 6.25ml | 1 tablet | not recommended |
| 33# to 37# 7 oz | 1 1/2 tsp or 7.5ml | 1 tablet | not recommended |
| 37# 8oz to 43# 15oz | 1 3/4 tsp or 8.75 ml | 1 tablet | not recommended |
| 44# to 54# | 2 tsp or 10 ml | 2 tablets | 1 tablet |
| 55# to 65# | 2 1/2 tsp or 12.5ml | 2 tablets | 1 tablet |
| 66# to 76# | 3 tsp or 15ml | 3 tablets | 1 tablet |
| 77# to 87# | 3 1/2 tsp or 17.5ml | 3 tablets | 1 tablet |
| 88# and over | 4 tsp or 20ml | 4 tablets | 2 tablets |

*Benadryl can be given every 6 hours