



Delaware Pediatrics, LLP

“making it all better”

Benadryl Dosing

brand name Benadryl

generic name Diphenhydramine

Child's weight in pounds	Liquid Bendaryl (12.5mg/5ml)	Benadryl chewable tablet (12.5mg)	Benadryl tablet (25mg)
11# to 16# 7oz	1/2 tsp or 2.5ml	not recommended	not recommended
16# 8oz to 21# 15oz	3/4 tsp or 3.75ml	not recommended	not recommended
22# to 27# 15oz	1 tsp or 5ml	1 tablet	not recommended
28# to 32# 15oz	1 1/4 tsp or 6.25ml	1 tablet	not recommended
33# to 37# 7 oz	1 1/2 tsp or 7.5ml	1 tablet	not recommended
37# 8oz to 43# 15oz	1 3/4 tsp or 8.75 ml	1 tablet	not recommended
44# to 54#	2 tsp or 10 ml	2 tablets	1 tablet
55# to 65#	2 1/2 tsp or 12.5ml	2 tablets	1 tablet
66# to 76#	3 tsp or 15ml	3 tablets	1 tablet
77# to 87#	3 1/2 tsp or 17.5ml	3 tablets	1 tablet
88# and over	4 tsp or 20ml	4 tablets	2 tablets

*Benadryl can be given every 6 hours